

September 1, 2026

Dear Patients of AlexaMD:

We are writing to share some important news about AlexaMD and what it means for your care going forward.

Effective October 1, 2026, AlexaMD will be hitting the pause button. This will give us the opportunity to reset and come back better than ever to serve you in 2027.

Between now and September 30, 2026, AlexaMD remains available to you. We will continue to offer follow-up consultations, process refill requests, and do everything we can to make sure your care is not interrupted.

Most importantly, we are actively working to connect you with a new physician who can pick up where we leave off, so you have continuity of care without any gaps.

The following practices are options for you to transfer and receive care.

1) One Medical

www.onemedical.com

2) Dr. Tracy McCarthy

Functional Medicine

Sacramento, CA

functional-med.tracymccarthy.md.com

3) California Center for Integrative Medicine

www.ccfmed.com

What we need from you:

If you have upcoming needs — refills, follow-ups, questions about your treatment plan — please reach out through our secure portal before September 21st so we can take care of them together.

If you would like your medical records transferred to your new provider, let us know and we will take care of that promptly.

We want to thank you for the trust you have placed in AlexaMD. It has been a privilege to be part of your care, and we do not take that lightly.

This pause is about coming back stronger and more present for our patients, and we look forward to that day in 2027.

If you have any questions in the meantime, please do not hesitate to contact us through our secure portal.

With gratitude and care,

AlexaMD